



FACT SHEET:

New Life Program

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- WHAT:** The New Life Program provides a community-oriented environment for Denver Rescue Mission program participants to gain the skills, stability and self-esteem necessary to become productive, self-sufficient members of society. The New Life Program, integrating spiritual and emotional counseling, life skills, education, Bible study, and work therapy, has become a national model for long-term rehabilitation programs.
- WHO SERVED:** Nearly 250 people at The Crossing, Champa House and Harvest Farm. Clients come from a variety of life circumstances including abuse, addiction and homelessness.
- PROGRAM:** The rehabilitative goal of the New Life Program is to help men and women achieve a life of self-sufficiency by overcoming addictive habits, and developing and maintaining healthy relationships.
- COMPONENTS:** The New Life Program centers around five basic components:
1. Spiritual Development: New Life Program participants are given many opportunities for personal development in Jesus Christ.
 2. Case Management: During weekly appointments, the case manager/chaplain helps participants address their spiritual, physical, psychological, legal, financial, medical, educational, and/or employment-related issues.
 3. Christian Counseling: A professional counselor provides participants with Christian-based counseling.
 4. Life Skills, Education & Career: Residents are given an opportunity to discover and develop their personal, academic and career potential.
 5. Work Therapy: This component of the program is designed to prepare each resident for a life of successful employment by developing a solid work ethic, positive experiences and valuable skills.
- STRUCTURE:** **Program Candidate Phase:** Before entering the five phases, clients are evaluated, introduced to the program and assigned duties. Clients have initial health, psychological and educational screenings.
- Five Phases:**
1. Orientation: Begin building relationships (1-3 months)
 2. Stabilization: Develop structure and healthy habits (4-6 months)
 3. Application: Growth, accountability (3-9 months)
 4. Initiation: Develop support relationships, contribute to the community (3-6 months)
 5. Independence: Transition to independent living; maintain support relationships (1-3 months)